



Mapping Out My Future

Keeping the 9 Essential Skills in mind can really affect perspective, decision-making and the way forward, providing a road map for reaching your career goals and success at work.

STEP ONE:

Identify events or activities in my life where I have gained skills I will use in the workplace:

- What skills have I learned from school, paid or unpaid work, sports, hobbies, volunteer work, etc?
- How might these skills be used in the workplace?

STEP TWO:

Take stock of my Essential Skills:

- I know ...
- I can ...
- I am...

STEP THREE:

Visualize my work and career goals and the learning goals that will help me get there.

STEP FOUR:

Identify my Essential Skills gaps and the supports I need:

- What Essential Skills tasks do I need to work on?
- How do I get the help I need?

STEP FIVE:

Create a realistic plan for reaching my goals:

- What do I need to do to get from where I am to where I want to be?

STEP SIX:

Do it!

For more information about Essential Skills, please visit www.wem.mb.ca