

# Communicating My Skills to an Employer

## ask

### identify

- Your work, learning and life goals
- Your Essential Skills assets (what you have)
- Your Essential Skills gaps (what you need)
- A plan for reaching your goals

- What were the main tasks of my school and work experiences (including volunteer work)?
- What Essential Skills did I use to carry out those tasks?
- How can those Essential Skills transfer to another situation (learning/work/life)?
- How can I describe these Essential Skills in a way that employers, etc. value?
- What evidence can I collect to show that I have these skills?

## connect

- Guidance counselor
- Essential Skills websites (Google: Essential Skills and HRSDC)
- Employment counselor
- Training programs
- Education programs
- People you know

## communicate

- Résumé
- Skills summary
- Portfolio
- Interview